MILK RUN 5K AND 1 MILE FAMILY FUN RUN



5K course begins at Whitetail Golf Course & runs thru Lee Metcalf Wildlife Refuge

Family Fun Run takes place along the Golf Course road. Look for Sasquatch on the course!

An udderly beaootiful course!

SPONSORS

DATE: Saturday, August 4

TIME: 5k - 8 AM

Family Fun Run: 8:10

REGISTER:

Online Before Aug. 1: \$25

(includes T-shirt)

Web site: https://milkrun.redpodium.com/milk-run-5k-and-1-mile-family-fun-run

Race Day Registration: \$30 (*T-shirts available as long as supplies last*)

Special Registration for High School X-Country Teams:

Team of 5: \$50

(no T-shirt)

PRIZES

1st place (Male & Female) \$100 each

2nd Place (Male & Female) \$75 each 3rd Place (Male & Female) \$50 each

Cross-Country Team Trophy

Medals to Age Groups winners

For more information: Stephanie 406-360-0272

Oola warm up with instructor Ali Bristow Ice cream sandwiches at finish line sponsored by Kutting Edge





